

The Brandenburg journey: Accessing higher dimensions

Note: If you do not have a Brandenburg crystal this journey can be taken using a phantom Quartz or any Quartz, including Amethyst or Smoky Quartz, that has inclusions or layers within it but high vibration Quartz facilitates accessing the very highest dimensions more easily.

Settle yourself quietly and breathe gently, withdrawing your attention from the outside world and into the crystal. Keep your eyes half open, let them go out of focus, and gaze at the phantom layers within your Brandenburg. These layers act as a ladder to higher dimensions and purify all levels of your being. Allow your eyes to fully close when you are ready or continue to gaze softly at the crystal if you wish.

Feel the crystal taking you to the foot of the ladder to the higher dimensions. The first rung takes you through your own aura, gathering up your consciousness and helping you to purify and expand your awareness to reach a higher dimension.

The second rung takes you through your ancestral heritage, cleansing and healing the ancestral line as you go. It assists you to send healing back down through all the branches of the family tree and forward into the future.

The third rung takes you up to meet your higher self, the wise part of yourself that sees so much further than you are able to access when cloaked with the energies of the earth plane.

The fourth rung takes you far out into the cosmos so that your consciousness can expand to encompass All That Is and then deep within yourself to where you meet the same energy. Inside and outside become one.

The fifth rung takes you to the dimension that contains your spiritual guides, helpers and angelic beings who assist your journey through life and who can offer you guidance on your path.

The sixth rung takes you into the divine realm where you can touch God or the divine as you understand it.

The seventh rung takes you to the highest dimension it is possible for you to reach. Spend time here to garner spiritual wisdom.

When you are ready to return, bring your awareness back down the ladder coming down from the seventh rung to the sixth, then down to the fifth, the fourth and the third. As you touch the second rung and then the first your awareness will become sharper until you touch the earth plane once more. Settle your awareness comfortably back into your physical body.

Breathe a little deeper and slowly open your eyes. Move your fingers and toes, stretch and then slowly stand up ensuring that your feet make contact with the earth. If you still feel a little floaty, place a Smoky Quartz between your feet and hold Hematite in your hands.