Crystal scrying  - Judy Hall

Crystal scrying is an ancient art, I've tracked it back 7000 years in 'written' history but it goes back many more thousands in practice as pouches of stones, polished crystal mirrors and spheres were buried with their owners in prehistory. To those who are sensitive, holding these artefacts can tell us of the distant past but tradition tells us that they were used to ascertain the future.

Many different crystals have been turned to for guidance. In ancient Greece, for instance, Aixinomancers placed a piece of agate or jet onto a red hot axe to ascertain the guilty party in a crime - the crystal jumped to point at the person. In the sixth century BCE the Ratnapariksa of Buddhabhatta set out the virtues of stones, many of which have remained unchanged since that time. Diamond then, as now, indicated faithful love. In the more recent past, Doctor Dee scryed with a crystal ball to advise Queen Elizabeth I on state policy - one of his spheres is preserved in the British Museum.

It’s worth remembering that the future is not fixed and unyielding, it is being created in every moment by your thoughts, beliefs, actions and emotions.

What scrying can do for you
Scrying can reveal what is to come. If you are crystal gazing, the accuracy of the vision depends on the skill of the seer but with a little practise you can soon master this art. It’s worth trying several scrying methods to see which suits you best. If you’re at a crossroads it can show you the outcome of potential pathways. It’s worth remembering that the future is not fixed and unyielding, it is being created in every moment by your thoughts, beliefs, actions and emotions. If the answer to a definite question is sought or greater insight needed into your life, divining gems or crystal cards may be more effective than a crystal ball as you can get a yes or no answer plus timing.

Practical crystal scrying tips
• First clear your mind - if you have a hidden agenda, fears and doubts, or an answer you really really want, you’ll contaminate the scrying. Calm, objective focus means you’ll get clear guidance.
• Carefully formulate your question. Keep it simple. Get to the essence - you may need to ask yourself 'what lies behind this?' Keep asking until you have refined the question to its core.
• Cleanse your crystals. If you’re using tumbled stones or a crystal ball, run them under the tap or place them in natural running water (use a
mesh bag for small crystals). A few minutes in the sun replenishes the energy. Layered or fragile crystals need to be put in brown rice overnight. Alternatively, I use Petaltone Clear2Light followed by Crystal Recharge (www.petaltone.co.uk) or Crystal Cleanser spray from the Crystal Balance company (www.crystalbalance.net). One drop or a quick spray and it’s done.

- **Choosing crystals.** Put some Clear2Light or other crystal cleanser on your hands when you go into a shop to choose your crystals so that the crystal is cleared before you try it. Hold the crystal, wait a moment while your mind settles and then feel the energies through your hands. The crystal will soon tell you whether it’s the crystal for you.

- **Tumbled stones** When selecting tumbled stones plunge your hand into the tub, the ones that stick to your fingers are for you.

- **Harmonizing with your crystal** Hold your crystal in your hands, breathe gently and allow your energies to come into harmony with that of the stone. You’ll feel calm, peaceful and focused.

- **Ask your crystals to work with you.** Remember that crystals are living beings that want to cooperate with you so all you need to do is ask. But you might need to remind them that you need clear, unambiguous answers and a timescale.

- **Try several crystals,** especially if you’re using a crystal ball, until you know exactly what feels right to you - everyone has their own vibration with which certain crystals resonate so it makes sense to use one that harmonizes with you.

- **Keep your divining crystals in a bag.** It’s best to keep the crystals you are going to use for scrying just for that purpose. Whether it’s a set of tumble stones or a crystal ball, if they’re in a bag or wrapped in a scarf then they’re always ready for use.

- **Keep an open mind!** Scrying is notoriously subtle and things are not always what they seem. Don’t jump to conclusions too quickly. Hindsight is the most accurate tool of all so keep a note of your ‘misinterpretations’ and consider how they occurred. There is no such thing as a mistake, only a learning experience.

### Seeing True

A clergyman and president of a psychical research society, Andrew Lang recorded the following story at the start of the 20th century: "I had given a glass ball to a young lady, Miss Baillie, who had scarcely any success with it. She lent it to Miss Leslie, who saw a large, square, old-fashioned, red sofa, covered with muslin (which she afterward found in the next country-house she visited). Miss Baillie’s brother laughed at these experiments but took the ball into his study, and came back looking 'gey gash.' He admitted that he had seen a vision - somebody he knew, under a lamp. He said he would discover during the week whether he saw right or not. This was at 5.30 on a Sunday afternoon. On Tuesday Mr Baillie was at a dance in a town 40 miles from his house, and met a
Miss Preston. 'On Sunday,' he said, 'about half-past five, you were sitting under a standard lamp, in a dress I never saw you wear, a blue blouse with lace over the shoulders, pouring out tea for a man in blue serge, whose back was towards me, so that I only saw the tip of his moustache.' 'Why, the blinds must have been up,' said Miss Preston. 'I was at Dulby.'

Crystal Balls
When purchasing a crystal ball, do so when you are in a relaxed and receptive mood. Handle several balls – cleanse them first or you'll pick up the vibrations of everyone who has handled them. Feel how heavy they are, how comfortable you are with them. Look into them and decide whether you prefer a perfectly plain sphere or one that has angles, planes and inclusion within which may help you to see images. You will probably find yourself drawn to one crystal ball in particular your eyes and hands will keep coming back to it. This is the ball for you.

Crystal gazing
When you gaze into a crystal ball you focus your intuition. Your rational mind no longer operates. Have the light source off to one side so that you can see into the crystal. Some people like to use candlelight. When you are in a relaxed state, hold the ball for a few moments to attune it to your vibrations. Frame your question and consider possible solutions without giving them too much attention. Place the crystal ball on a black silk or velvet cloth. Gaze at it with gently focused eyes. The crystal ball often appears to mist over. Within the mist, images form. Don't force them, let them arise naturally. Watch for pictures appearing either in the crystal or in your mind's eye. The meanings can be positive or negative. Keep a note of what you see, even if it seems to be meaningless. If you persevere, you will understand. Notice the feelings you have, thoughts that come into your head, insights that emerge about your life. The crystal can work on a very subtle level to guide you into a more fulfilled future.

Traditional gazing symbols

<table>
<thead>
<tr>
<th>Image</th>
<th>Positive interpretation</th>
<th>Negative interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eye</td>
<td>Good luck</td>
<td>Bad luck</td>
</tr>
<tr>
<td>Moon</td>
<td>New growth</td>
<td>Disappointment</td>
</tr>
<tr>
<td>Star</td>
<td>Success</td>
<td>Warning</td>
</tr>
<tr>
<td>Globe</td>
<td>Travel</td>
<td>Standstill</td>
</tr>
<tr>
<td>Cat</td>
<td>Good luck</td>
<td>Trouble</td>
</tr>
<tr>
<td>Dog</td>
<td>Trustworthy friends</td>
<td>Deceitful friends</td>
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<tr>
<td>Snake</td>
<td>Learning</td>
<td>Betrayal</td>
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<tr>
<td>Bird</td>
<td>A message</td>
<td>Escapism</td>
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<tr>
<td>House</td>
<td>Well being</td>
<td>Financial problems</td>
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<tr>
<td>Tree</td>
<td>Settling down</td>
<td>Loss</td>
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<tr>
<td>Wheel</td>
<td>Travel</td>
<td>Injury</td>
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Crystallomancy
A handful of tumbled crystals is ideal for crystal divination. Select them from the chart of traditional meanings. The simplest way to work with them is to put the crystals into a bag, shake them gently, ask your question, and take out the first two or three that your fingers touch. This will give you your answer. Or, you can spill them onto a board, see Crystal Divination. That gives you the 'what' answer to your question. But you can also use 'timing stones' for the 'when' reply as crystals are associated with days of the week and months of the year. And, as crystals are traditionally linked with countries, they can give you the 'where' too. Before you look up the meaning, however, take time to gently focus on the crystal and see if the answer emerges spontaneously as this helps you to develop your own intuitive understanding.

Traditional crystal meanings
Agate: worldly success, a journey Black Agate: courage and prosperity
Red Agate: health and longevity
Amber: a voyage
Amethyst: life changes and shifts in consciousness
Aquamarine: new friends
Aventurine: growth and expansion
Bloodstone: distressing news is on the way
Blue Lace Agate: healing is needed
Cats Eye: beware treachery
Chalcedony: friends reunited.
Chrysoberyl: A time of need.
Chrysolite: exercise caution.
Coral: recovery from illness.
Diamond/Quartz: permanence, love, victory over enemies
Emerald/Peridot: much to look forward to
Garnet: the solution of a mystery.
Hematite: new opportunities
Jade: immortality and perfection
Jasper: earthly affairs are successful, love returned
Lapis Lazuli: divine favour
Milky/Snow Quartz: profound changes occur
Moonstone: watch out for self-deception or illusions
Moss Agate: an unsuccessful journey.
Onyx: a happy marriage.
Opal: great possessions.
Quartz: clarify issues, speak out
Rose Quartz: love and self-healing
Ruby/Garnet: power and passion, unexpected guests
Sapphire: truth and chastity, escape from danger
Snowflake Obsidian: end of challenging time
Tigers Eye: all is not as it seems
Topaz: No harm shall befall.
Tourmaline: an accident.
Turquoise: prosperity, new job
Unakite: compromise and integration are needed

**Gems for Days of the Week**

Sunday: Ruby
Monday: Moonstone
Tuesday: Coral
Wednesday: Emerald
Thursday: Cats Eye
Friday: Diamond (Quartz)
Saturday: Sapphire

**Gems for months of the year**

January: Garnet
February: Amethyst
March: Bloodstone
April: Diamond (Quartz)
May: Emerald
June: Agate
July: Carnelian
August: Sardonyx
September: Aquamarine
October: Aquamarine
November: Topaz
December: Turquoise
Crystals and countries or states

**Agate:** Kentucky, Maryland, Louisiana, Minnesota, Montana, Nebraska, New York, South Dakota, Tennessee, Oregon, Denmark, Panama.

**Ajoite:** South Africa, Arkansas

**Amber:** France, Sicily and Romania.

**Amethyst:** South Carolina, Uruguay.

**Aragonite:** Spain

**Beryl:** New Hampshire

**Carnelian:** Norway and Sweden.

**Celestite:** Pennsylvania

**Danburite:** Connecticut

**Diamond:** South Africa, England and the Netherlands

**Emerald:** North Carolina, Peru and Spain.

**Flint:** Ohio.

**Garnet:** former Czechoslovakia, Alaska. Almandine Garnet, Connecticut.

**Star Garnet:** Idaho, Grossular Garnet Vermont.

**Granite:** New Hampshire, North and South Carolina, Wisconsin and Vermont.

**Hematite:** Alabama.

**Herkimer Diamond:** Herkimer County, USA

**Jade:** New Zealand, China, Turkestan, Alaska and Wyoming.

**Labradorite:** Oregon

**Lapis Lazuli:** Egypt, Bolivia, Chile and Bokhara.

**Moonstone:** Florida

**Morganite (Pink Beryl):** Madagascar.

**Obsidian:** Mexico.

**Opal:** Nevada, New South Wales, Hungary.

**Peridot:** Hawaii, Egypt

**Petrified Wood:** Alberta, Mississippi and Washington.

**Quartz:** Arkansas, Iowa and Georgia, Switzerland.

**Rhodochrosite:** Colorado, Peru.

**Rhodonite:** Massachusetts, Russia.

**Rose Quartz:** South Dakota, South Africa

**Ruby:** Thailand and Myanmar

**Sapphire:** Montana, United States.

**Serpentine:** California and Rhode Island.

**Smoky Quartz:** New Hampshire, Scotland

**Sunstone:** Oregon

**Topaz** Blue Topaz is a state stone of Texas and yellow of Utah.

**Tourmaline:** Maine, New England, Brazil.

**Turquoise:** Arizona, New Mexico, Nevada, Turkey and Iran.

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**Crystal Divination**

Throwing tumbled crystals onto a scrying board is a time-honoured way of finding answers. A stone landing in a specific area gives you your answer (see
Traditional Crystal Meaning chart). A divination square works rather like a Tarot reading to give you a full picture while the Scrying Wheel gives immediate advice.

**Scrying wheel**
**Crystal Skulls**

Crystal skulls are easily available and can be used for spiritual guidance. Choose a skull that speaks to you immediately, the one to which your eye is instantly attracted. Once it’s cleansed, you can either gaze into its eyes or put your hands lightly over the skull. Breathe gently, half close your eyes, harmonize with the skull, and wait for the message to pop into your mind.

**Crystal card packs**

Crystal card packs are an easy way to ask questions if you don’t have crystals to hand. The *Crystal Ally* pack by Naisha Ahsian (Heaven & Earth Publishing) is designed so that you can divine current or future life issues and follow a path of spiritual growth. The cards also teach the properties of crystals. Each card has an affirmation to change a pattern or integrate your expanded knowledge. *Messages from Mother Earth* by Jacqueline Winters help you connect to the energies of the mineral kingdom and develop your own intuition. Each card has a divinatory message to assist you in navigating your life.

**Books by Judy Hall that will help you explore crystal divination further:**

- *The Illustrated Guide to Crystals* Godsfield Press
- *Good Vibrations* Flying Horse Press

You can buy crystal scrying packs, spheres and other crystals specially charged up for you by Judy Hall from [www.angeladditions.co.uk](http://www.angeladditions.co.uk)