

### **Ways to use the stones on the chart:**

- Sedate an excess element – place stones on signs
- Strengthen a weak element – place stones on signs
- Strengthen a challenged planet with appropriate stone
- Harmonise a specific planetary pattern with appropriate stones
- Equalise the planets with an appropriate stone on each
- Regard the signs as ‘chakras’ and use appropriate colour stones on ‘missing’ signs/chakras or place chakra stones across the middle of the chart in order

- **Healing karmic and ancestral disease through crystals on the chart**

You might think that crystal healing is a modern new age fad but it's actually one of the oldest known forms of healing. In ancient Mesopotamia circa 3500 BCE lapis lazuli and jasper were laid around a person to cure their ills. In Egypt in 1900 BCE lapis lazuli, jasper, carnelian and turquoise were placed around the necks of new born babies to protect them from harm.

**From his research into early crystal-zodiac connections Wallis Budge assigns:**

| <b>Sign</b> | <b>Stone</b>    | <b>Colour</b> |
|-------------|-----------------|---------------|
| Aries       | Amethyst        | Red           |
| Taurus      | Agate           | Green         |
| Gemini      | Beryl           | -             |
| Cancer      | Blue emerald    | -             |
| Leo         | Yellow ruby     | -             |
| Virgo       | Grey jasper     | -             |
| Libra       | Green emerald   | -             |
| Scorpio     | Reddish topaz   | -             |
| Sagittarius | Blue turquoise  | -             |
| Capricorn   | Black onyx      | -             |
| Aquarius    | Dark sapphire   | -             |
| Pisces      | Blue Chrysolite | -             |

**Planet**

|         |                                       |
|---------|---------------------------------------|
| Sun     | yellowish or gold-coloured stones     |
| Moon    | whitish stones, diamond               |
| Mercury | stones of neutral tints such as agate |
| Venus   | green stones, emerald and 'sapphires' |
| Mars    | stones of reddish hue, hematite       |
| Jupiter | blue stones                           |
| Saturn  | black stones, obsidian                |

## **KARMIC DIS-EASE**

*I am ill because of wounds to the soul, to the deep emotional self (D H Lawrence)*

Dis-ease is subtle and not always related to physical illness. It occurs on physical, emotional, mental and spiritual levels and can be carried through the ancestral line and is shown by planets in the sixth house and difficult aspects between inner and outer planets, or the elemental balance.

### **Karmic Causes of Dis-ease**

Soul unrest Soul intention Need to develop specific qualities Past life repression of pain refuses to be ignored any longer Attitudinal karma Close-mindedness Bigotry or lack of empathy for others Unwillingness to help others Organic karma Direct carryover of affliction or disability Redemptive karma None-development of creative potential Conflict from several past life personas Strongly negative past life self trying to manifest again Curses or ill-wishing

Karmic disease, based on the soul's dis-ease, arises out of wounds, injuries, attitudes and patterns or curses carried forward from past into present via 'etheric blueprint' – creates new body. Can be physical/emotional/mental/spiritual dis-ease. Manifests differently according to sign or aspect – e.g. Mercury in Virgo, Saturn-Mercury = self criticism in past or communication block. Scorpio involvement, irritable bowel. Gemini or Virgo, mental stress, Taurus, throat problems, etc. May also offer opportunity to learn certain attributes: patience, tolerance, compassion etc. that the soul feels have been overlooked, or offers someone else an opportunity to grow. It is not a matter of punishment or blame but of balancing out the past and allowing the soul to evolve.

**Redemptive Karma:** takes something on for the world. Cancer/Aids takes out 'some of the darkness' from the world.

**Retributive Karma:** boomerangs back. Classic 'eye for an eye, tooth for a tooth': if someone chopped off another person's hand in a former life, they are likely to have a paralysed hand in the present life, or to lose the use. What you have done to others comes back. *Chart Indicators:* Extremely challenging aspects and planetary placements, emphasis on the Sixth-Twelfth House axis.

**Attitudinal Karma:** usually present during several lives. Intransigent attitude, ingrained behaviour or intractable or habitual emotional stance results in dis-ease in present incarnation. Believing would 'never be enough' (Pluto-Venus), precurs addiction ("I can't help myself" is Neptune-Mars). Arterial or heart problems develop from 'hard-heartedness' or broken heart. *Chart Indicators:* Fixed planetary aspects and the sixth house.

**Organic Karma:** reflects injuries or conditions from other lives. Over-indulgence = obesity or liver problems. Died weakened by blood-letting = anaemia. Past life back injury = chronic back problem; tuberculosis = lung disease and so on. *Chart Indicators:* The Sixth House.

**Karmic Treadmill:** Destructive patterns that have not been outgrown. Alcoholism is one example. *Chart Indicators:* Difficult aspects and a preponderance of planets in fixed sign.

**Symbolic Karma:** Not all karma is immediately obvious, can take some unravelling. Present life condition symbolises what was done in the past. A witch-ducker incarnated as bed-wetter; man who 'shed much blood' had anaemia; man who ignored cries for aid had tinnitus. *Chart Indicators:* Aspects to appropriate planets and placements of planets in signs and houses.

**Vows:** can cause considerable dis-ease especially if held in outgrown relationship. Chastity causes sexual problems, poverty abundance difficulties etc. 6/8<sup>th</sup> house plans or outer planet aspects to Venus, Mars etc.

## **IF HEALING DOES NOT OCCUR**

- Soul may not have finished evolving through that condition
- Soul may be trying to 'get better' for wrong reasons
- Soul may be entrenched in 'reparation-restitution' mode
- Soul may have learnt all it needs and leaves so that it can incarnate again and put lessons into practice.
- Soul may be offering someone else a lesson or opportunity to change/grow.

## **ELEMENT IMBALANCES:**

**Earth** – abused body or too body-orientated, toxicity.

**Water:** emotion-logged or lacking.

**Air:** mental emphasis or senses emphasis (lack).

**Fire:** intuition, energy burn-out.

The overall balance of the elements within a chart can indicate subtle disease, depletion or excess. Imbalances may be innate (the natal chart) or temporary (progressed or solar returns and strong transits).

### **Fire:**

**Depleted Fire:** low vitality, despondency, loss of appetite, pallor, cold, slow and inadequate digestion, migraine, phobias, low immunity, poor circulation and muscle tone, possible diabetes. Overbearing/bullying parenting.

**Antidotes to weak Fire:** ruby, bloodstone, carnelian, topaz.

**Excess Fire:** anger and aggression, heartburn, liver and gallbladder problems, digestive complaints, ulcers, excess bile, fever, skin eruptions, a tendency to body odour, blurred vision and hypoglycaemia. Abuse, anger/aggression passing down ancestral line.

**Antidotes to excess Fire:** emerald, green garnet, aventurine, malachite, aquamarine, green calcite

### **Earth**

**Depleted Earth:** weakness, incohesion, fractures/blockages/breaks on any level that fail to heal, abuse. Poverty or a sense of lack in the family line.

**Antidotes to weak Earth:** brown stones such as picture jasper, tiger iron or tiger's eye.

**Excess Earth:** resists change, obesity, blockages, depression, ossification, calcification, and loss of acuity of senses. Over-materialism, holding on.

**Antidotes to excess Earth:** smoky quartz, light yellow stones such as citrine or grey Labradorite.

### **Air**

**Weakened Air:** poor communication or circulation, lack of self confidence, despondency, nightmares, nausea, toxicity, oxygen deficiency, shortness of breath and fatigue – feeling of being smothered.

**Antidotes to weak Air:** light blue stones such as blue lace agate or blue chalcedony

**Excess Air:** creates nervous disorders, restlessness, hypersensitive to pollutants, harsh sounds and odours; rough skin, brittle hair, bones and nails, flatulence, asthma, coughs, constipation, insomnia, schizophrenia, arthritis and rough skin. Difficulty fitting into environment.

**Antidotes to excess Air:** deep blue and violet colours; use lapis lazuli, sapphire, aquamarine, blue tourmaline, chrysocola, green calcite

### **Water**

**Depleted Water:** results in thirst, dehydration, cramps, insomnia, poor memory, and inability to show feelings- sense of being drowned by family.

**Antidotes to weak Water:** tourmaline, pearl, opal, moss agate, muscovite or smoky quartz.

**Excess Water:** creates mucus, pneumonia, fluid retention, obesity, clogged arteries, and lymphatic retention. Over-emotionality, family secrets.

**Antidotes to excess Water:** use rose quartz, pink tourmaline, kunzite, green aventurine, or fluorite. If ungrounded and boundary-less, use hematite or smoky quartz.

## **BODY-PLANET CORRESPONDENCES**

**Sun:** Heart (rhodonite, rhodochrosite, rose quartz. Back, spinal column (magnesite, fluorite), thymus (bloodstone, smithsonite, amethyst, citrine) – and paternal issues.

**Moon:** Breasts, body fluids (moonstone, selenite), reproductive system (carnelian, smoky quartz), bile duct (red jasper, emerald), digestive system (chrysocolla, amethyst, green jasper), liver (yellow jasper, bloodstone, carnelian, yellow fluorite), pancreas (bloodstone, amber, green calcite) – and maternal issues/heredity

**Mercury:** respiration (charoite, amber, fluorite), brain (banded agate, kyanite, labradorite), nervous system (green jade, blue lace agate) – communication issues and too much thinking

**Venus:** Throat (blue lace agate), kidney (bloodstone, fluorite, jade), lumbar region (carnelian), veins (rhodochrosite, smithsonite), parathyroid (kyanite, malachite) – and ‘love’ issues

**Mars:** Muscles (hematite, rhodonite), uro-genitals (kyanite, blue aventurine) – and will-assertion-aggression issues

**Jupiter:** Liver (yellow jasper, amethyst, bloodstone), pituitary gland (iolite, sapphire) – and over indulgence

**Saturn:** Bones (fluorite, magnetite), gall bladder (amber, malachite, citrine), spleen (amber, bloodstone), skin (agate, jasper), teeth (fluorite) – and repressions

**Uranus:** Circulatory system (hematite, ruby), pineal gland (Amethyst, moonstone), chemical-electrical circuitry in brain (kyanite, banded agate)

**Neptune:** Nervous system (blue lace agate, green jade), hypothalamus (blue lace agate) – and psychic abilities

**Pluto:** reproductive system (smoky quartz, carnelian, jasper, malachite) – and power issues

Planets combined: Pluto-Moon – ‘gyny-karma’, deaths in childbirth, death of children, or old frustrations are reflected in present life menstrual problems, etc. Rose quartz, rhodochrosite, rhodonite, moonstone, Brandenburg.

### **SIXTH HOUSE CAUSES AND SITES OF DIS-EASE**

(IF no planets look at ruler’s position and aspects)

Note: Potential may not manifest, can be dealt with through other people)

#### **Signs:**

**Aries:** adrenals, head, wilfulness and ego.

**Taurus:** body, throat, senses, fixity, stubbornness.

**Gemini:** thought, arms/shoulders, eyes, lungs and nervous system.

**Cancer:** emotions, breasts/repro/stomach, worry.

**Leo:** back and heart, pride.

**Virgo:** nervous system, intestines, stress, psychosomatic disease, perfectionism.

**Libra:** hips, kidneys, relationships, suppressed anger.

**Scorpio:** reproduction and elimination, frustration, repression.

**Sagittarius:** hips and thighs, liver, over-indulgence.

**Capricorn:** skeletal system, rigid ideas and attitudes (‘oughts and shoulds’), self-imposed restrictions/vows.

**Aquarius:** circulation, shins/ankles, eccentricities, stress.

**Pisces:** feet, addictions, emotions, escapism.

#### **Relevant Planets:**

**Sun:** attitudes such as former arrogance/pride, tendency passes through father. Fire-sun: burns out easily. Earth-sun: energy goes into work. Water-sun: emotional overload. Air-sun: too head-orientated.

**Moon:** heredity and repro. problems, ingrained emotions.

**Mars:** old rage/injuries/attitudes.

**Jupiter:** over-indulgence, body image (earth signs).

**Saturn:** rigidity, fear.

**Uranus:** vibrational misalignment.

**Neptune:** ‘outside influences’, psychic sponge, old allergies, non-alignment of physical and etheric results in endocrine disturbance.

**Pluto:** cause deep-seated, abuse, anger, sexual problems.

### **EIGHTH HOUSE**

Saturn: vows

Uranus: intimacy/sexuality/ambivalence  
Neptune: confusion sexual or spiritual  
Pluto: abuse, misuse, alienation, abandonment etc.

## **CHIRON THROUGH THE SIGNS AND HOUSES**

Chiron shows where the karmic wound is held and needs healing.

### **Chiron in Aries/First House**

The wound is in the ego or the Self. Renunciation of ego may be called for. Healing comes through being centred in one's Self.

### **Chiron in Taurus/Second House**

The wound is in the body, or in loss of self-worth or security. Healing comes through finding inner security. Body and soul have to be integrated.

### **Chiron in Gemini/Third House**

The wound is in making oneself heard. It can affect breathing. Healing comes through speaking one's truth.

### **Chiron in Cancer/Fourth House**

The wound is emotional and the effect may be psychosomatic illness. Healing comes in emotional detachment and in nurturing one's Self.

### **Chiron in Leo/Fifth House**

The wound is in the heart or in self-expression. Healing comes through being empowered and in resolving the head-heart paradox.

### **Chiron in Virgo/Sixth House**

The wound may manifest at the mental or nervous-system level. Perfectionism and self-criticism may cause wounding. Healing comes through service to others.

### **Chiron in Libra/Seventh House**

The wound is in relationship with others or with one's Self. The split between the needs of the self and another has to be healed, and inner relationship found.

### **Chiron in Scorpio/Eighth House**

The wound may lie in unhealed past life death experiences and other traumas. Healing comes through recognising and integrating the dark parts of the soul.

### **Chiron in Sagittarius/Tenth House**

Old beliefs may well have caused a wound in the soul, but attitudes can also wound. Healing comes in reprogramming past beliefs.

**Chiron in Capricorn/Tenth House**

This soul may be the alienated outsider, scapegoat for troubles of the world. Healing comes in reconciling the needs of the individual with those of society.

**Chiron in Pisces/Twelfth House**

The wound is loss of union with the divine. Healing comes through recognising one's Self as divine and integrating this into everyday life.

**Transits:** First Chiron Square – separates from what comforts most, brings up wound. Opposition: focuses the wound. Chiron Return – integration and mastery or wound is more forceful.

**Crystal for Chiron:** charoite

**Crystals for Saturnine conditions**

Agate and onyx – strength and persistence to work through blockages

Agrellite – heals inner saboteur

Blue Scapolite – heals self sabotage

Epidote: heals inner critic

Hematite – grounding, harmonising, assists with maintaining sensible boundaries

Galena – (lead) brings balance on all levels, dissolves self-limiting beliefs from the past.

Aquamarine – overcomes judgementalism

Magnetite – extreme rigidity/stiffness

**Past life:**

**abandonment:** Rhodonite

**access:** Variscite, Wulfenite

**addiction:** Iolite

**akashic record, read:** Tibetan Black Spot Quartz, Cathedral Quartz, Tanzanite, Prehnite

**betrayal:** Rhodonite

**blockages from past lives:** Lepidolite

**broken heart:** Rose Quartz

**chastity:** Okenite  
**cleansing:** Danburite  
**curse, break:** Shattuckite, Tiger's Eye  
**deflect:** Black Tourmaline  
**cycles:** Okenite  
**death, unhealed trauma:** Lilac Smithsonite  
**debts, recognise:** Okenite  
**deprivation:** Prehnite  
**dis-ease:** Tanzanite with Iolite and Danburite  
**emotional pain:** Charoite  
**emotional wounds:** Rhodonite  
**entity attachment:** Smoky Amethyst  
**family patterns:** Spirit Quartz  
**grief, unhealed:** Fire Opal, Spirit Quartz  
**hyperactivity:** Prehnite  
**healing:** Danburite, Merlinite, Charoite, Obsidian, Okenite, Infinite Stone, Rhodonite, Pietersite  
**heart pain:** Rhodonite, Rhodochrosite, Diopase  
**injuries:** Herkimer Diamond, Onyx  
**learning from:** Muscovite, Peridot  
**mental imperatives, release:** Danburite, Idocrase  
**persecution:** Wulfenite  
**phobias resulting from:** Prehnite  
**prisoner:** Idocrase  
**recall:** Amber, Carnelian, Phantom Crystals, Garnet, Serpentine, Variscite  
**redress:** Charoite  
**regression:** Green Aventurine, Variscite  
**relationships:** Larimar, Lithium Quartz,  
**releasing vows:** Turquoise  
**rejection:** Blue Lace Agate  
**resentment:** Rhodonite  
**restraint, emotional or mental:** Idocrase  
**sexual problems arising from:** Malachite  
**soul agreements, recognition:** Wulfenite  
**tie cutting:** Malachite, Sunstone, Petalite, Wulfenite, Green Obsidian, Rainbow Obsidian  
**thought forms, release** Iolite  
**wound imprints in etheric body:** Sceptre Quartz, Tibetan Black Spot Quartz wand, Charoite, Selenite, Smoky Quartz.  
**Useful stones:**

**Brandenberg:** repatterns and takes back to the purest vibration.

**Danburite:** A karmic cleanser, carries a very pure vibration that activates the higher heart energy and links to angelic realm. Releases mental imperatives and recalcitrant attitudes. Facilitates deep change and leaving the past behind, starts the soul off on a new direction.

**Rhodonite or Rhodochrosite:** excellent for healing heartbreak, emotional shock and anger. A stone of forgiveness, reconciliation. An emotional balancer that nurtures love. Shows both sides of an issue. Clears and heals the heart especially in cases of betrayal and abandonment and promotes self-love. Releases from self destructive behaviour and abuse.

**Spirit Quartz :** Brings insights into karmic connections. Removes difficult memories from the past. Gives insight into the family of origin and how to heal problems. Helps with any carry-over of grief and loss. Mobilizes sickness or negative energy out of the body into a space where it can be transformed.