

## **Chakras – high vibration chakras are starred\***

**Earth and Higher Earth\* Chakras** (below the feet) Material connection

Positive qualities: well grounded, practical operates well in everyday reality.

Negative qualities: ungrounded, impractical, picks up negativity.

Attachments: spirits of place, stuck spirits.

If it is permanently open, you can easily pick up negative energies from the ground or pick up 'spirits of place', either as attachments or as communication of events that have taken place.

**Base (bottom of the spine)** Basic security, survival instincts

Positive qualities: good sense of your own power, independent.

Negative qualities: vengeful, impotent, hyperactive, fearful.

Attachments: lovers, mothers

This is one of the places anyone you've had sex with can attach, but you can also have attachment to your mother who can manipulate through the chakra and you may also suffer from projection of your own feelings.

**Sacral Chakra** (below the navel) Creativity, procreation.

Positive qualities: fertility, courage, assertion, acceptance of sexuality.

Negative qualities: low self esteem, inferiority, infertility, sluggish.

Attachments: anyone you've ever had sex with, needy people, thought forms, unborn children, parents. This can be the site of 'emotional hooks' that drain your energy and you are vulnerable to another person through sexual contact or powerful feelings such as lust or possessiveness that create attached thought forms.

**Solar Plexus Chakra** (between waist and heart) Emotional connection

Positive qualities: good energy assimilation, empathic

Negative qualities: overly emotional or cold, emotional baggage.

Attachments: previous relationships, relatives, needy people

The solar plexus can take on other people's thoughts and feelings. This chakra is an emotional linkage point and is where you store your emotional baggage and other people might dump theirs. Invasion and energy leeching also take place through this chakra. A 'stuck-open' solar plexus means you take on other people's feelings too easily.

**Spleen (under left arm)** Energy

Positive qualities: self-contained, powerful.

Negative qualities: exhausted and manipulated.

Attachments: psychic vampires, needy people, ex-partners.

Psychic vampires can leach your energy, as can past partners, children or parents and hooks here are common.

**Heart seed\* (base of breastbone)** Soul remembrance

Positive qualities: remembers reason for incarnation, connection to divine plan, tools available to manifest potential.

Negative qualities: rootless, purposeless, lost.

Attachments: parts of your soul left in other lives or dimensions

If you have left parts of yourself at past life deaths or traumatic or deeply emotional experiences, then these parts can be attached and trying to influence you to complete unfinished business.

#### **Heart Chakra** Love

Positive qualities: loving, generous, compassionate, accepting, empathetic

Negative qualities: disconnected from feelings, jealous, insecure.

Attachments: anyone you have ever loved

Although it is difficult to imagine being possessed by those you have loved or who loved you, this chakra can be the site of a great many hooks. You may have given away parts of your heart and need to reclaim them or made promises that tie you to others.

#### **Higher Heart\*** (above the heart): Unconditional love

Positive qualities: forgiving, accepting, spiritually connected

Negative qualities: spiritually disconnected, grieving, needy

Attachments: guides, gurus or masters, mentors

Mentors, masters and gurus open the higher heart chakra, and in so doing tie you to them and not all masters or gurus have clean energy or the best of intents.

#### **Throat (over throat)** Communication

Positive qualities: able to speak your own truth, receptive.

Negative qualities: unable to verbalise thoughts/feelings, dogmatic

Attachments: teachers, mentors, gurus or masters, thought forms

Other people's thoughts and beliefs tend to get attached to the throat chakra.

#### **Brow Chakra (third eye)** Intuition and mental connection

Positive qualities: intuitive, perceptive, visionary

Negative qualities: spaced-out, fearful, attached to past

Attachments: thought forms, ancestors or relatives, lost souls

Strong beliefs can block this chakra, however, and may be caused by undue influence or thought form attachment. If the third eye or brow chakra is stuck open, you are vulnerable to the thoughts, feelings and influences not only of people around you on the earth level, but also on the etheric, constantly bombarded with thoughts and feelings that are not your own.

#### **Soma Chakra\*** (above the third eye, at the hairline) Spiritual connection

Positive qualities: spiritually aware and fully conscious.

Negative qualities: Cut off from spiritual nourishment and connection.

Attachments: 'lost souls', walk-ins.

When this chakra is stuck open it is all too easy for spirits to attach.

#### **Past life** chakras (behind the ears)

Positive qualities: wisdom skills, instinctive knowing

Negative qualities: Emotional baggage and unfinished business.

Attachments: past life personas, soul fragments, thought forms from previous beliefs,

If the chakras are stuck open, you will feel unsafe and overwhelmed by past life memories of trauma and violent death and fears which leaves the way open for past life personas and thought forms to attach or re-manifest.

**Crown Chakra** Spiritual connection

Positive qualities: mystical, humanitarian, giving service

Negative qualities: overly-imaginative, arrogant, uses power to control others

Attachments: spiritual entities, lost souls, mentors

If it is stuck open, then you will be prey to illusions and false communicators as it leaves you open to thought forms, spirit attachment or undue influence.

**Soul star\*** (above your head) Spiritual enlightenment/illumination

Positive qualities: ultimate soul connection, objective perspective on past

Negative qualities: spiritual arrogance, soul fragmentation, messiah-complex, rescues not empowers

Attachments: ancestral spirits, ETs, 'lost souls'

Stuck open or blocked closed, it can lead to soul fragmentation, spirit attachment, ET invasion, or overwhelm by ancestral spirits.

**Stellar Gateway\*** (above the Soul Star) Cosmic doorway to other worlds

Positive qualities: communication with enlightened beings

Negative qualities: disintegration, open to cosmic disinformation

Attachments: so-called enlightened beings that are anything but.

When it is stuck open, it can be a source of cosmic disinformation that leads to illusion, delusion, deception and disintegration that leaves you totally unable to function in the everyday world.

To clear and check the chakras for attachments: Beginning with the Stellar Gateway about a foot and a half above the top of the head (or as high as your arm can reach) and using a clear Quartz, Brandenburg, raw Charoite, Smoky Quartz or Selenite crystal - or a Stibnite wand if the attachment is extraterrestrial - 'unwind' the chakra (this is usually done in an anti-clockwise direction but do it in the way that feels right to you as not all chakras rotate in the same direction). Wind out in a spiral at least a foot away from the body. When you are sure the chakra is clear and has no attachments, cleanse the crystal by spraying with Clear Light and/or Z14 and then wind it back in in the opposite direction. Work down each chakra in turn not forgetting the earth chakra beneath your feet. Then wrap yourself - and the person you are working on if you are doing the cleanse for someone else - in a cloak of light. Then check out the biomagnetic sheath with your mind or the crystal to ensure there is no attachment or influence elsewhere. If there is, disperse it with the crystal and call in light to heal and seal it.

Note: This chakra cleansing can be amplified by putting a drop of Petaltone Clear Light, Z14 or Plant Ally on the crystal before use and placing a drop of Z14 on the ground or, preferably, on an Amphibole Quartz to close the proceedings.

**High Vibration Crystals****Rainbow Quartz**

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A light-bringer and higher resonance Quartz, Rainbow Quartz is characterised by the many fractures, flaws and inclusions within it that create numerous

rainbows and which link to higher consciousness. Although Rainbow Quartz resembles other included quartzes - particularly when it has been spherically shaped - or artificially amended quartzes such as Crackle Quartz, its energy is very different. . It draws light from the sun and transmits it into the pulsating heart of the earth, repairing the earth's energy grid, infusing the crystal matrix and seeding the formation of new crystals. It can align the resonance of somewhat similar Quartzes up to a higher level, and then will itself move to a higher vibration so that it works in harmony to bring about transmutation and to restore equilibrium to a finer level. It acts as a battery for the earth's grid and may be a power source although its exact application is unclear at the moment and needs further research. Rainbow Quartz is self-cleansing as negativity cannot stick to it and is particularly useful for spiritual manifestation. This is a crystal for use with the left hand but it does not work from the dark side although it harmonises dualities and encompasses dark energy to balance the light. It carries the energy of Buddhist diamond healing, linking to the Dalai Lama and to the archangels especially Raphael, the archangel of healing. It may contain orbs within it or attract them in the outer environment. It also resonates with the planet Neptune and, potentially, with ancient Egypt [this needs more work to see if it can heal misused of power from that life in conjunction with a new essence from Petaltone. It already works well as a carrier for Petaltone Plant Ally].

Rainbow Quartz contains the Tree of Life, pyramids and other sacred geometry, often showing a diamond or equilateral triangle, either as a face or within it, and figures such as birds that soar and draw in shamanic medicine. The signs and symbols within it may be read to give soul advice. You need to feel worthy to work with this stone - use Petaltone Plant Ally on the stone and diffused into the solar plexus to transmute any self-doubts. Rainbow Quartz is an ally stone, one that assists but does not do the work for you. It gently brings up your own stuff for you to deal with and supports during this work. It is a stone of joy and happiness and of resurrection and rebirth. It has been suggested that Diamond Quartz links to the place in the Himalayas from which the kundalini of the earth has shifted (infilling the energy flow vacuum), but it most definitely aligns with the Andes, where the kundalini flow now lies north to south and is working powerfully. It has a particular resonance with the heart chakra of that mountain line. Physically this stone appears to work at the level of pineal and pituitary, reconfiguring the endocrine system and healing the reproductive and urinary tracts in both sexes but little other physical effect has as yet been identified. It does, however, heal the etheric, causal and higher spiritual bodies. Spiritually, it opens the third eye and assists channelling.

#### **Amphibole (Angel Phantom) Quartz**

This stone provokes profound healing at many levels. It provides a connection to the highest level of spiritual experience, calling in your guardian angel and higher beings and bringing deep inner joy. It has an extremely gentle and calming energy. Spiritually, placing Amphibole on the crown chakra activates all

the higher crown chakras, opening a ladder up which awareness ascends to connect with your Higher Self and, moving further up the vibrational scale, to attain the highest guidance. Using this stone for introspection and insight, especially on third eye, attunes to the wisdom of the universal mind, taking a more detached perspective on life and on evolution. Gazing into its depths goes to a space of deep universal love and assists in always acting from a place of love. It subtly shifts the energies to the highest possible and brings about cooperation and harmony. Triangulating three Amphiboles provides a perfect meditation or creative work space. It's an excellent carrier for Z14 etheric cleansing. The phantoms and inclusions can include red Hematite, a deeply stable stone that protects, grounds and dissolves negativity; white Kaolinite which opens the inner ear, and yellow-peach Limonite which stimulates and guards against psychic attack or mental influence, making the stone a useful companion for spiritual journeying. Phantoms symbolise the numerous lifetimes of the soul and take you travelling through multi-dimensions. They break up old patterns and assist in reconnecting to ancient wisdom held in your soul memory. Is an excellent carrier for Z14

### **Brandenberg Amethyst**

Carries the original spiritual blueprint. Perfect for deep soul healing and forgiveness, rapidly linking to multidimensions. Raises vibrations, shielding and screening background psychic interference. On soma chakra attunes to archetypal spiritual identity, heals cellular memory, Smoky Brandenberg finest tool for removing entities, implants, attachments, spirit possession or mental influence; assists conscious transformation or transition, especially through death process. Gatekeeper: protects against psychic attack and alien invasion, repels negative energy calling in positive. Clears higher heart chakra and opens throat, Holds a light when working in shadows or underworld. Empowers shifting ingrained past life trauma or soul splits. Disconnects previously made mystic marriage including intertwining at higher chakras.

### **Pink Petalite**

Clears the heart meridian and emotional baggage. It strengthens the emotional body, and releases fear and worry. A stone of compassion, it promotes flexibility whilst maintaining gentle strength. Petalite renders negative energies impotent. It clears implants, miasms and negative karma at any level. With a high, pure vibration, Petalite opens to cosmic consciousness. It aids in spiritual purification. This is a protective stone that enhances meditation and attunement. It takes you to a very calm and clear spiritual dimension from which causes can be ascertained and transmuted. It is particularly useful for ancestral and family healing as it reaches back to a time before the dysfunction arose. Petalite is a shamanic stone. It provides a safe environment for spiritual contact or for a vision quest. It activates and energises the process, and at the same time grounds during spiritual activity. This stone calms the aura and opens the throat and higher crown chakras, linking to high spiritual vibrations. It

moves you beyond your present metaphysical abilities, linking to the highest levels of spiritual knowing, and facilitates speaking of what one sees during spiritual visions. Even a small piece of Petalite is extremely potent as an elixir. It can be used to release negative karma and to clear entities from the aura or the mental body. It is extremely helpful during tie cutting as it brings the higher selves of each person into the process and neutralizes manipulation at any level. Carried on the body, Petalite constantly energises and activates all the energy centres of the body at every level. It enhances and energises the environment in which it finds itself.

### **Natrolite**

Prepares and fine-tunes the nervous system to an influx of new vibrations, harmonising it with the lightbody. Spiritually, pure white Natrolite can bring about a profound shift and stimulate metaphysical changes to channel high-level energy into the light and physical bodies, enabling living with full multi-dimensional awareness within a protective cloak for the awakened soul. Mentally, it assists in seeing the bigger picture, practising holistic thinking from an illumined mind.

### **Phenacite**

Phenacite connects personal consciousness to a high frequency, enabling information from that space to be translated to the earth. It contacts the angelic realms and the Ascended Masters. Phenacite is purifying and integrating, bring the spiritual vibrations down to earth. It resonates with the etheric body, activates the light body and aids the ascension process. This crystal heals the soul and purifies the subtle and physical bodies to provide a suitable vehicle for it. Its energies are only available to those who have prepared themselves by shifting their personal vibration to a higher level. Phenacite has a strong connection with all the chakras and imparts knowledge on how to heal and activate them all. It stimulates the third eye and activates the higher crown chakra, enhancing inner knowing. This crystal appears to have different properties depending on where it was mined. Madagascan Phenacite is inter-dimensional and has been experienced as inter-galactic. That from Brazil often has its own 'crystal guardian'.

### **Tugtupite**

a stone of integration, Tugtupite bridges the compassionate heart with the illumined mind and anchors unconditional love in the world. It teaches the power of self-love, without which it is not possible to value yourself or another, to give or receive love, to love another, to be loved by them or to know intimacy. An exceedingly peaceful stone aligned to the pink flame of pure love. The Inuit say that this stone awakens forgotten love and intensifies libido, lovers' passion causing the stone to glow fiery red. One of the best stones for opening and cleansing the heart chakras, this stone signifies romance, passion and fertility. It deepens and expands love bringing an unconditional quality to all relationships,

and aligns and integrates all the chakras with the heart and higher heart chakras so that love is expressed through every act and thought. Spiritually, placed over the higher heart chakra of someone whose vibrations have been raised sufficiently, Tugtupite acts like a shaman blowing into the chakra to awaken the dormant channel that connects the compassionate heart to higher states of consciousness. It literally accesses a new level of love to facilitate the vibrational shift and the birth of the lightbody in the everyday world. A strongly protective stone that enables facing difficult situations with equanimity and fearlessness, Tugtupite acts as a liver defender to block other people's rage or resentment (place under the right armpit) as it neutralises anger and cuts off inappropriate tugs on your heart strings (wear over your heart). It draws out and transforms your own anger into creative energy and is the perfect stone to assist recovery from a 'psychic mugging'. This stone also clears 'hooks' from any organ of the body - especially pancreas and stomach - attached to a needy outside source and is particularly effective used with Nuummite to cut cords from past lives. Tugtupite removes the effect of old relationships and clears the biomagnetic sheath of the residual effects of psychological or physical abuse. Used for spirit release in cases of emotional attachment, it encourages forgiveness for yourself and others involved. Psychologically, Tugtupite promotes forgiveness, compassion and unconditional love, especially of yourself, and promotes the ability to give of oneself without falling into sacrifice or martyrdom. It also strengthens conscience and assists in resolving ethical dilemmas. The soft energy of Tugtupite is perfect for ameliorating anxiety and stress and releases from poverty consciousness, bringing abundance on all levels. Mentally, Tugtupite facilitates tuning into universal consciousness, bringing increased clarity and breadth of vision to the illumined mind. Tugtupite teaches emotional independence and autonomy, bringing about the realisation that you alone are responsible for creating and maintaining your well-being and happiness and that this is not dependent on any external source including a partner or loved one. This stone protects from emotional blackmail, providing strength to cut loose and overcome outside interference. Keep this stone close to your heart as it assists emotional honesty and intimacy. It may take you through a deep emotional catharsis releasing the grief of the ages for the planet and yourself. If you have forgotten how to love, Tugtupite reminds you, gently clearing away any blockages, opening your heart and enfolding it in unconditional, universal love. Love then blossoms in your life. Environmentally, this is the perfect stone to send unconditional love to the world and healing to war zones and sites of ethnic conflict.

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